

Summer Holidays 2022: restaurants/cafés where kids can eat for FREE or £1

Where do kids eat free?

1. Shrimp and Grill (Formerly Bubba Gump Shrimp)

Kids eat FREE daily at Shrimp and Grill 12pm – 5pm. Book a table in advance!

2. The Real Greek

Kids eat FREE every Sunday for every £10 spent by an adult.

3. Heathrow Airport

Kids eat FREE at selected restaurants

4. Morrisons

Kids eat FREE at Morrisons cafe when an adult spends £4.50 or more on a meal. This is an ongoing offer.

5. ASDA café

Kids eat for £1 at Asda. Each child is entitled to a meal when they spend £1. Maximum of 1 meal from the kids menu per child, per day. Available in England and Wales between 25/07/2022 – 02/09/2022. Available in Scotland & Northern Ireland between 23/06/2022 – 04/09/2022. Subject to availability.

6. Kids eat FREE at Purezza

Children under the age of 10 get free pizza at Purezza.

7. Preto

Seems like this is an ongoing offer. Kids eat free everyday! Maximum of one child for full paying adult rodizio.

8. Kids eat FREE at Dobbies

Purchase an adults meal and your kid can eat for FREE at Dobbies. The meal includes their kids lunch menu or pick 'n' mix' meal, plus a drink. Available daily from 12 noon.

9. Bella Italia

Kids eat for £1 with the purchase of every adult main course from 9th May 2022. Available between 4-6pm Monday to Thursday.

10. Angus Steakhouse

Kids under 10 can eat free from the children's menu when an adult orders a meal. This deal is available every day 12pm – 5pm.

11. Yo! Sushi

Kid's eat free from 3.30pm-5.30pm, Monday to Thursday until 1st September 2022. As you enjoy your sushi and Japanese hot favorites, your little ones can tuck into their Mini Ninja children's menu, absolutely FREE! Make sure you read the t's & c's.

12. Pausa Cafe – Dunelm stores

You can get a FREE mini-main, two snacks and a drink for every f4 spent in their in-store cafes. End date currently unknown.

13. Hungry Horse

Every day through the School Holidays Hungry Horse is offering every child a FREE breakfast when accompanied by a paying adult [terms and conditions apply].

14. Beefeater

Kids can eat FREE breakfast every day during the holidays + they can enjoy a 3 course lunch or dinner for £5.99

15. Sizzling Pubs

Kids eat for £1 at Sizzling Pubs. From Monday to Friday, between 3pm and 7pm, you can enjoy a kids' main meal for £1, with the purchase of every 1 adult main meal bought in the same transaction.

During School holidays this offer is extended to all day Monday – Friday. Pubs in Scotland will be offering this from 30th June – 17th August 2022. Pubs in England and Wales will be offering this from 25th July – 2nd September 2022.

16. Brewers Fayre

As well as their unlimited breakfast, where kids eat FREE they also offer a kids meal deal for just £4.99.

17. IKEA 95p kids meal

From 11th July to 3rd September, all kids can enjoy any meal from the children's menu for 95p, or £1.50** for a combination meal which includes one hot meal, jelly, a soft drink, and a piece of fruit. While stocks last. Subject to availability.

18. Tonkotsu

FREE kids bento meals all summer long at Tonkotsu. With the purchase of any adult ramen dish. Available in-restaurant only, 12-6pm, Monday – Friday from 11th July – 31st August 2022.

Up to two free kids bento meals available per order. Minimum spend = £9.95. Maximum discount = £13.90. Available in-restaurant only, excluding Selfridges London.

19. Café Rouge

Your little ones can choose 2 or 3 courses (drinks are charged separately) for just £1, with every adult that purchases a main from their A La Carte menu.

Starts Friday 22nd July, until Wednesday 31st August 2022.

20. M&S

Kids eat FREE at M&S. You can get a free kids' munch meal in the M&S Café that's a main and a drink for breakfast or a main, a drink and a snack for lunch – when you spend £5 or more! Available 25 July-12 August 2022.

21. Tesco

Kids eat FREE at Tesco cafes. One free kids Pick 'n' Mix per Item purchased by an adult in The Café, Clubcard/app required, 25/07/22 – 26/08/22. Offer is subject to availability and kids meals may vary in cafés

Kids Pick'n' mix consists of 1 sandwich, 1 drink. 1 fruit item and a choice of 2 snacks.

22. Sainsbury's

This summer holiday, get a free children's hot meal or lunch bag when you buy an adult hot main meal from £5.25 in the Sainsbury's Café, valid from 20th July – 5th September 2022*

23. Bill's

To tackle summer holiday hunger, up to two kids can eat free ALL DAY Monday – Friday at Bill's if one adult orders any main dish (breakfast, lunch, and dinner). Book a table here.

24. Dee Dee's Café- The Range stores

Kids eat for £1. Maximum of one meal per child per day. Ends September 4th 2022